

## 2025-2026 DANCE - DIFFICULTY

revised 06/10/2025 ©

When the majority (50% or more) of the team executes a described skill, the skill box is marked complete. In the Advanced level, when 100% of the team completes a described skill, the team may receive one extra skill point. However, the team is limited to ONE extra skill point from a double box per section. At the end, the completed skills are converted to difficulty points using the tables at the bottom of the sheet.

## COMPETITION

## **TF A A A**

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CLAS	SIFICA	TION 6A 5A 4A 3A 2A			Total Team Members		
		$\checkmark$ Denotes Skill Completed			MAJORITY 50% or more of the team		
		LEVEL 1 (0 - 15)			LEVEL 2 (16 - 20)		
TRANSITIONS				NSIT	TIONS	COMMENTS	
	≥ 50%			≥ 50%			
		Change of pace with rythmic variation			TWO or more complex formation changes		
		Stylistic traveling steps with arm			TWO or more stylistic traveling steps using complex whole body choreography		
		choreography			Change of pace with rythmic variation incorporating levels & complex		
					direction changes (eg. pass through / focus change) in a separate		
					sequence from the previous skill		
Skills Completed			Skills Completed		•		
			JUMPS / LEAPS			COMMENTS	
40000				NE extra skill point from a double box per section) 100% ≥50%			
	≥ 50%	5		_	A state of the state		
		Fouetté to arabesque			Any leap with switch		
		Grande jeté / side leap Jump tilt / toe touch / Russian / C jump			Calypso / back attitude / fan hitch / firebird / turning C / turning toe touch / renversé (sustain the split)		
		Sissonne / front hurdler			TWO or more jumps/leaps consecutive (Limit of one step in between)		
	Skills	Completed		Skills	Completed		
TUR	NS		TUR	TURNS		COMMENTS	
		(Teams are limited to	ONE e	xtra s	kill point from a double box per section)		
		Any double rotation (pencil / coupé / pirouette)			Any triple or greater rotation (pencil / coupé / pirouette)		
		Changing spots for turns in a series			Any triple or greater rotation (fouetté / a la secondé)		
		(chainé / piqué) - TWO or more			Any triple or greater rotation (attitude front or back)		
		Single or double fouetté / a la			Changing spot THREE or more times in the turn (fouetté / a la secondé)		
_		secondé / attitude front or back			Connected combination of THREE or more different turn styles		
Ц		Tour en L'air variation			(double pirouette / double piqué / fouetté / a la secondé / attitude /		
		Traveling turns in series			double float / leg extension turn)		
	(chainé / piqué) - TWO or more			cl	• webstal		
	SKIIIS	Completed	Skills Completed			COMMENTS	
			_	_	CISM (Teams are limited to ONE extra skill point from a double box per section)	COMMENTS	
					Combo of THREE or more turns and jumps/leaps <i>Example: TWO different turns</i> &		
					one leap, or TWO different leaps one turn in the choreographed sequence (Chainé can be used as a prep into a leap/jump but not as credit for a turn)		
					Demonstrate ambidexterity in any of the above described in		
					Level 2 jumps/leaps/turns		
					(Does not have to be the same jump/leap/turn executed on both sides)		
					TWO or more demonstrations of flexibility ( <i>splits / extensions /</i> any leap		
			_		showing flexibilty / partnering / back (no tumbling, aerials, or walkovers)		
					Completed		
Definitions: Variety, Multiple, and Series = TWO or more; Complex = Advanced; Sequence = Content follows a logical progression							
		SKILLS ⇒ DIFFICULTY POINTS Total Skills Completed			SKILLS   DIFFICULTY POINTS Total Skills Completed		
		·			·		
		7+=15 $4=96=13 \leq 3=0$			12+ = 20 9 = 17 11 = 19 8 = 16		
		5 = 11			10 = 18		
		Skills ⇒ Difficulty Points			Skills ⇒ Difficulty Points		
						1	

	TOTAL DIFFICULTY POINTS EARNED	DANCE
		Judge's Signature
		Tabulator(s)